

You are invited to

# COMMAND & CONTROL

**A workshop offered by Roy Assad**



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**WHERE:** Marriott West Palm Beach  
1001 Okeechobee Blvd.

**WHEN:** Saturday April 2nd, 2016

9:00 AM BREAKFAST  
WORKSHOP 10AM - 12PM

**\* COST PER PERSON \$175**

To register please contact: [sscheffer@humancapitalpb.com](mailto:sscheffer@humancapitalpb.com)

## WHAT YOU WILL GAIN:

A greater **AWARENESS** of how to live in the moment.

The **POWER** to be a decisive person at all times.

A 30% increased **EFFICIENCY** in your ability to handle daily tasks.

**SERENITY** and **PEACE** that everything is under control.

**WHAT TO EXPECT:** This workshop will change your life and the way you deal with all that you do. The size of this workshop varies.

**WHAT TO BRING:** A list of "incomplete" - those things you just haven't gotten around to doing. Examples: taking car to shop, cleaning out your closet, clients you haven't followed-up with.

A list of "tolerations" - people or things in your life you simply tolerate rather than enjoy. Examples: someone who makes you feel guilty so you keep doing things for them when you don't want to.