

Formula for Cervical Dysplasia, abnormal pap smears.

Either purchase real, disposable suppository molds/forms from a medical supply store, or find a plastic vial, like a plastic test tube, that has an appropriate diameter, basically the diameter of your finger.

This formula creates 15-20 doses, each suppository is approximately a 1/2 oz. A plastic vial should hold between 3-4 doses of suppositories.

This formula is for two weeks of using suppositories. Do NOT have vaginal intercourse during this time. It's recommended that you schedule a checkup with your Doctor for biopsy after using suppositories for two continuous, weeks, every night, before bed.

Some precautions: Cinnamon Leaf Essential Oil is in this formula. Cinnamon is a very aggressive oil and must be used with extreme caution, especially for the type of skin that you are applying it to. You will see Cinnamon Bark available in the marketplace, however, that is even more aggressive than Cinnamon Leaf so please be sure to get Cinnamon Leaf.

As a good practice, it's recommended to rub some of the suppository on the inside of your forearm to test for allergic reaction before using as a suppository. If you break out, have a reaction, sensation, or moderate redness or swelling, then it's not recommended to proceed with using the suppositories.

Items you will need:

20 Suppository forms/molds or about 5 plastic vials

4 Glass Droppers

Measuring spoons, metal avoid plastic if you can.

Glass bowl or beaker

Glass stirring rod or wooden stirring stick

Rubbing Alcohol to sterilize your tools before using.

10 oz Organic Cocoa Butter

1 1/4 tsp + 10 drops Eucalyptus Polybrachtea

1/2 tsp + 1/4 tsp + 5 drops Foraha Oil

1/2 tsp + 1/4 tsp + 5 drops Eucaplyptus Citriadora

5 drops Cinnamon Leaf

Note: There is no such thing as "certified therapeutic" essential oils; it is either authentic/certified via "Certificate of Analysis" lab test (COA) as the authentic plant oil, or it is adulterated. Every essential oil is therapeutic.

With that in mind, purchase your oils from a reputable source. Ask for COA to confirm authenticity.

Wash your hands before beginning or wear latex/food prep gloves.

Measure 10 oz of Organic Cocoa Butter and place in glass bowl or beaker.

Put in microwave for iterations of 10 seconds until fully melted. Don't overheat.

Add essential oils and mix with glass stirring rod or wood mixing stick. Try not to let wood mixing stick make direct contact with the essential oils and instead fold cocoa butter into the essential oils. Once folded in, mix thoroughly.

Pour into your suppository molds or plastic vial. Put in freezer. It's ready in 10 minutes. Keep them stored in the freezer until ready to use each night.

If you are using the suppository disposable molds:

Prepare to go to bed and use a light feminine napkin/pad in your underwear. Wash your hands, and get one suppository out of the freezer. Rather quickly because cocoa butter does melt, peel back the suppository

mold/form and insert suppository finger deep. If you want, you can use for gloves for this process. Lay down completely so gravity helps your body take the suppository and has minimal spillage.

If you are using the plastic test tube vials:

Prepare to go to bed and use a light feminine napkin/pad in your underwear. Wash your hands, and get one plastic test tube vial out of the freezer. Run the plastic vial under hot water to barely melt the cocoa butter and unmold. It should slide out of the tube. Cut into thirds or quarters. Keep one out but put the remaining back in the freezer. Rather quickly because cocoa butter does melt, insert suppository finger deep. If you want, you can use for gloves for this process. Lay down completely so gravity helps your body take the suppository and has minimal spillage. Repeat every night for a total of 14 days.

To your vitality and healthy skin cells!

Bonus:

For any abnormal skin or warts outside the vagina, on the labia, testicles, penis, anus, etc. You can try Lemon Essential oil dabbed ever so slightly on only the affected skin daily (not on healthy skin), using a Q-tip or corner of a tissue. You need very little pure essential oil, less than a drop. In addition, it's good to create abrasion on the external abnormal skin using a nail file; gently however, don't hurt yourself to the point of bleeding. This action alerts the immune system that it needs attention to that specific area of the body for healing.